

Health Resources at HLS and Beyond

Listed below are some of the resources available on campus, at the university, and in the larger Boston and legal communities. The resources are listed alphabetically.

ABA Lawyer Assistance Programs

A collection of resources regarding alcoholism, chemical dependencies, stress, depression and other emotional health issues.

Website: https://www.americanbar.org/groups/lawyer_assistance.html

Association of American Law Schools—Section on Balance in Legal Education

“The Section promotes continual re-examination of pedagogical practices, program content, and institutional priorities to promote the long-term best interests of law students and the constituencies they will serve.”

Website:

https://memberaccess.aals.org/eWeb/dynamicpage.aspx?webcode=ChpDetail&chp_cst_key=9fb324e8-e515-4fd3-b6db-a1723feeb799

Dean of Students Office

WCC 3039

Phone: (617) 495-1880

dos@law.harvard.edu

Harvard Bureau of Study Counsel

“The services of the BSC include academic counseling, workshops and discussions, peer tutoring, the Harvard Course in Reading and Study Strategies, and self-help materials in the BSC’s Cranium Corner and on the website.”

5 Linden Street

Cambridge, MA 02138

Phone: (617) 495-2581

Email: bsc@harvard.edu

Website: <https://bsc.harvard.edu/>

Harvard Center for Wellness

“Utilize the Center for Wellness in your own progression toward wellness. Schedule a massage

or acupuncture appointment , try one of our exercise, meditation or yoga classes or stop by for a chair massage. There are always new ways to participate in your own well-being.”

114 Mt. Auburn Street
7th Floor
Cambridge, MA 02138
Phone: (617) 495-9629
Email: cw@huhs.harvard.edu
Website: <http://cw.uhs.harvard.edu/index.html>

Harvard Chaplains

Collection of chaplains representing many different faiths.

44R Brattle Street
1st Floor
Cambridge, Massachusetts 02138
Phone: (617) 495-5529
E-mail: chaplains@harvard.edu
Website: <https://chaplains.harvard.edu/>

Harvard Law School Wellness Website

Information on programs and resources available through the law school.

Website: <http://hls.harvard.edu/dept/dos/wellness/>

Harvard University Behavioral Health

Smith Student Center
6th Floor
75 Mt Auburn St
Cambridge, MA 02138
Phone: (617) 495-2323

Harvard University Counseling and Mental Health Services (CAMHS)

Smith Student Center
4th Floor
75 Mt Auburn St
Cambridge, MA 02138
Pound Hall: (617) 495-4414
Smith Student Center: (617) 495-2042

Harvard University Health Services (HUHS)

Smith Student Center
75 Mt Auburn St
Cambridge, MA 02138
Phone (Available 24 Hours): (617) 495-5711

HLS Accessibility Services

WCC 3039
Phone: (617) 495-1880
accessibility@law.harvard.edu

HLS Thrive App

Mobile app with information about health and wellness resources on campus. Available for download for iPhone and Android.

LawLifeline

Mental health resources for law students.

Emergency 24-hour hotline: 1-800-273-TALK (8255)
Website: <http://www.lawlifeline.org/>

Lawyers With Depression

Massachusetts Lawyers Concerned for Lawyers (LCL)

Confidential counseling and referral resource for Massachusetts law students, lawyers and judges and their families.

Helpline: 1-800-525-0210
Website: <http://www.lclma.org/>

The Office of Alcohol & Other Drug Services (AODS)

Smith Student Center
6th Floor, Room 657
75 Mt Auburn St
Cambridge, MA 02138
Phone: (617) 496-0133

The Office of Sexual Assault Prevention and Response (OSAPR)

Confidential resource for survivors of sexual assault. “The Office of Sexual Assault Prevention & Response is a confidential space open to the entire Harvard community where people can process and understand their experiences and feel empowered to make the choice best suited to their needs.”

Smith Campus Center

6th Floor, Room 624

75 Mt. Auburn St.

Cambridge, MA 02138

Phone: (617) 496-5636

Confidential Hotline (24-hour): (617) 495-9100

Website: <https://osapr.harvard.edu/>

Student Parents

Resources for student parents and their families.

Website: <http://hls.harvard.edu/dept/dos/for-student-parents/>