Health Resources at HLS and Beyond

Listed below are some of the resources available on campus, at the university, and in the larger Boston and legal communities. The resources are listed alphabetically.

ABA Lawyer Assistance Programs

A collection of resources regarding alcoholism, chemical dependencies, stress, depression and other emotional health issues.

Website: https://www.americanbar.org/groups/lawyer_assistance.html

Association of American Law Schools—Section on Balance in Legal Education

“The Section promotes continual re-examination of pedagogical practices, program content, and institutional priorities to promote the long-term best interests of law students and the constituencies they will serve.”

Website:
https://memberaccess.aals.org/eWeb/dynamicpage.aspx?webcode=ChpDetail&chp_cst_key=9fb324e8-e515-4fd3-b6db-a1723feeb799

Dean of Students Office

WCC 3039
Phone: (617) 495-1880
dos@law.harvard.edu

Harvard Bureau of Study Counsel

“The services of the BSC include academic counseling, workshops and discussions, peer tutoring, the Harvard Course in Reading and Study Strategies, and self-help materials in the BSC’s Cranium Corner and on the website.”

5 Linden Street
Cambridge, MA 02138
Phone: (617) 495-2581
Email: bsc@harvard.edu
Website: https://bsc.harvard.edu/

Harvard Center for Wellness

“Utilize the Center for Wellness in your own progression toward wellness. Schedule a massage
or acupuncture appointment, try one of our exercise, meditation or yoga classes or stop by for a chair massage. There are always new ways to participate in your own well-being.”

114 Mt. Auburn Street  
7th Floor  
Cambridge, MA 02138  
Phone: (617) 495-9629  
Email: cw@huhs.harvard.edu  
Website: http://cw.uhs.harvard.edu/index.html

**Harvard Chaplains**

Collection of chaplains representing many different faiths.

44R Brattle Street  
1st Floor  
Cambridge, Massachusetts 02138  
Phone: (617) 495-5529  
E-mail: chaplains@harvard.edu  
Website: https://chaplains.harvard.edu/

**Harvard Law School Wellness Website**

Information on programs and resources available through the law school.

Website: http://hls.harvard.edu/dept/dos/wellness/

**Harvard University Behavioral Health**

Smith Student Center  
6th Floor  
75 Mt Auburn St  
Cambridge, MA 02138  
Phone: (617) 495-2323

**Harvard University Counseling and Mental Health Services (CAMHS)**

Smith Student Center  
4th Floor  
75 Mt Auburn St  
Cambridge, MA 02138  
Pound Hall: (617) 495-4414  
Smith Student Center: (617) 495-2042
**Harvard University Health Services (HUHS)**

Smith Student Center  
75 Mt Auburn St  
Cambridge, MA 02138  
Phone (Available 24 Hours): (617) 495-5711

**HLS Accessibility Services**

WCC 3039  
Phone: (617) 495-1880  
accessibility@law.harvard.edu

**HLS Thrive App**

Mobile app with information about health and wellness resources on campus. Available for download for iPhone and Android.

**LawLifeline**

Mental health resources for law students.  
Emergency 24-hour hotline: 1-800-273-TALK (8255)  
Website: http://www.lawlifeline.org/

**Lawyers With Depression**

**Massachusetts Lawyers Concerned for Lawyers (LCL)**

Confidential counseling and referral resource for Massachusetts law students, lawyers and judges and their families.  
Helpline: 1-800-525-0210  
Website: http://www.lclma.org/

**The Office of Alcohol & Other Drug Services (AODS)**

Smith Student Center  
6th Floor, Room 657  
75 Mt Auburn St  
Cambridge, MA 02138  
Phone: (617) 496-0133
The Office of Sexual Assault Prevention and Response (OSAPR)

Confidential resource for survivors of sexual assault. “The Office of Sexual Assault Prevention & Response is a confidential space open to the entire Harvard community where people can process and understand their experiences and feel empowered to make the choice best suited to their needs.”

Smith Campus Center
6th Floor, Room 624
75 Mt. Auburn St.
Cambridge, MA 02138
Phone: (617) 496-5636
Confidential Hotline (24-hour): (617) 495-9100
Website: https://osapr.harvard.edu/

Student Parents

Resources for student parents and their families.

Website: http://hls.harvard.edu/dept/dos/for-student-parents/